



Provant Health to Provide Biometric Screenings at American Heart Association's Go Red for Women Event

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OLATHE, Kan., Feb. 08, 2018 (GLOBE NEWSWIRE) -- Hooper Holmes, Inc. d/b/a Provant Health (OTCQX:HPHW), the largest publicly traded, pure-play well-being leader in workplace population health and clinical research support services, today announced that it will provide health screenings at the American Heart Association's Go Red for Women luncheon on February 16 in Providence, Rhode Island.

As they have for the past six years, Provant Health supports this event because they understand how vital it is for individuals to "know their numbers." At the screening, a team of Provant Health's experienced health professionals will screen attendees and provide them with their "numbers" by testing for blood pressure, cholesterol, and glucose levels. Screening results outside optimal range are a risk factor for cardiovascular disease, making the screenings a welcome part of the event, which is hosted by the American Heart Association of Southern New England.

"We are proud to provide Go Red attendees with the opportunity to receive blood pressure, glucose, and cholesterol screenings," said Provant Health Chief Executive Officer Henry Dubois. "When individuals learn their screening results and 'know their numbers,' they gain essential knowledge about their current health status, including risk factors they may have for heart disease."

In October 2017, Provant Health's Chief Medical Officer, Dr. David Ashley, and the American Heart Association's Chief Medical Officer for Prevention, Dr. Eduardo Sanchez, spoke about the importance of biometric screenings at a national health care conference.

Dr. Ashley discussed the actionable and truly meaningful biometric screenings that companies can conduct each year to help individuals take control of their personal health. When held annually, biometric screenings track risk migration and the results motivate individuals to take action to improve their lifestyle behaviors. Ten health risk factors associated with chronic conditions that can be modified are high blood pressure, high blood glucose, high cholesterol, stress, poor diet, depression, obesity, excessive alcohol use, tobacco use, and physical inactivity.

For employers, workplace screenings identify aggregate health risks and trends in their workforce populations. With approximately 80 percent of health care costs due to chronic conditions, knowing collective health risks can help companies and their well-being partners design targeted strategies for wellness programming that reduce health care costs over time. In 2017, Provant Health conducted approximately 750,000 health screenings in workplaces across the U.S.

As Dr. Ashley of Provant Health noted, "Annual workplace biometric screenings offer convenient and affordable testing, initiate discussions of health among employees, detect newly emerging and 'silent' health risks, identify trends in workplace health, and facilitate refinements to workplace well-being programs."

Other workplace well-being services work in tandem with biometric screenings to support improvement of employees' total health. Services such as health assessments, health coaching, incentive management, data analytics, sleep therapy, financial education, and advanced platforms provide personalized guidance for optimal whole-person health.

To learn more about meaningful biometric screenings and other well-being programs for your workforce, contact Provant Health at Connect@ProvantHealth.com.

About Provant Health

Hooper Holmes, Inc. d/b/a Provant Health, is a national leader in comprehensive workplace well-being and clinical research support services, with a growing global presence. The company partners with employers and brokers to improve members' whole-person health and productivity, and to support health care cost management. Provant Health touches millions of lives by delivering customized well-being strategies and services on-site, telephonically and digitally, utilizing advanced data management technology. The company's innovative platform includes flexible program designs, incentive management, biometric screenings, health coaching and condition management, data analytics, health care advocacy, and a portal that serves as the hub for program activities, benefits, communications, and specialty experts. In addition, Provant Health's national network of health professionals provides laboratory testing, risk assessment and sample collection services to wellness and disease management companies, employers and brokers, government organizations and academic institutions nationwide. Provant Health will continue in the marketplace for over-the-counter stocks as HPHW (OTCQX:HPHW) www.ProvantHealth.com.

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