



## Provant Chief Medical Officer David Ashley, MD, to Speak on Workplace Biometric Screenings at the Employer Healthcare and Benefits Congress on October 3, 2017

October 3, 2017

EAST GREENWICH, R.I., Oct. 03, 2017 (GLOBE NEWSWIRE) -- David Ashley, MD, MBA, Chief Medical Officer for Provant and its parent company, Hooper Holmes, Inc. (OTCQX:HPHW), will present *A Fresh Approach to Biometric Screenings: Activate the Employee's Ownership of Health* at the Employer Healthcare and Benefits Congress in Los Angeles, CA, on October 3, 2017. Provant is a leading national health and well-being provider that works with organizations across all industries to improve members' whole-person health.

Dr. Ashley will discuss meaningful biometric screenings that companies can conduct annually to help individuals take control of their personal health. When conducted yearly, screening results track risk migration and motivate individuals to take action to improve their lifestyle behaviors.



For employers, workplace screenings identify aggregate health risks and trends in their workforce populations. With approximately 80 percent of healthcare costs due to chronic conditions, knowing aggregate health risks can help companies and their well-being partners design targeted strategies for wellness programming that reduce healthcare costs over time.

Ten health risk factors associated with chronic conditions that can be modified are high blood pressure, high blood glucose, high cholesterol, stress, poor diet, depression, obesity, excessive alcohol use, tobacco use, and physical inactivity.

Other workplace well-being services work in tandem with biometric screening results to support improvement of employees' total health. Services such as health assessments, health coaching, incentive management, data analytics, sleep therapy, financial education, and advanced platforms provide personalized guidance for optimal whole-person health.

To learn more about meaningful biometric screenings and other well-being programs for your workforce, contact Provant at [Connect@ProvantHealth.com](mailto:Connect@ProvantHealth.com).

### About Provant

Provant, a wholly-owned subsidiary of Hooper Holmes, Inc. is a leader in comprehensive workplace well-being solutions with a growing, global presence. Provant partners with employers and brokers to improve member health and productivity and support healthcare cost management. Provant touches millions of lives by delivering customized well-being strategies and services on-site, telephonically and digitally, utilizing advanced data management technology. [www.ProvantHealth.com](http://www.ProvantHealth.com)

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